

The Peak Pedal & Eat



01 THE OLD SMITHY TEAROOMS

Church Street, Monyash, High Peak, DE45 1JH
 T: 01629 810190 W: www.oldsmythymonyash.co.uk

Fully licensed and open all year round, The Old Smithy is situated right in the heart of the beautiful village of Monyash. Easily accessible being only 5 miles from Bakewell and 8 miles from Buxton, Monyash is at the head of Lathkill Dale nature reserve and just down the road from the High Peak Trail which means it is the perfect location for walkers and cyclists alike. We are a small family run business serving local, quality products ranging from homemade cakes to full meals including the famous Smithy's Breakfast (shortlisted for Derbyshire Breakfast of the year 2011).

10% discount on presentation of brochure

02 LONGNOR FISH & CHIP

Market Place, Longnor, Buxton, Derbyshire SK17 0NT
 T: 01298 83317

Visit the picturesque village of Longnor with its historic cobbled market square and take a step back in time. When you need a break from exploring and need to refuel and recharge your energies, come along and sample the superb fish and chips served in Longnor Fish and Chip Shop's kitch retro café. You are guaranteed a warm and friendly welcome, and if you prefer to eat in the great outdoors we offer a traditional takeaway service too.

03 PARSLEY HAY REFRESHMENTS

Biggin, Buxton, Derbyshire SK17 0DG
 T: 01298 84888 W: www.parsleyhay.co.uk

Our kiosk serves a delicious range of homemade food, using locally sourced products served in environmentally friendly packaging. From 10am every day we serve a selection of breakfast baps, paninis, burgers, baked potatoes, sandwiches and homemade soups. We also offer a selection of take away food, hot and cold drinks including freshly ground coffee, and local ice cream for you to enjoy as you explore the trail. We can wrap up a picnic for you too. Parsley Hay has a large picnic area with benches next to the High Peak Trail plus a large car park with public toilets and cycle hire.

10% off

04 WETTON MILL TEA-ROOM

Hulme End, Wetton Mill (Nr Waterhouses) DE6 2AG
 T: 01298 542 886
 W: peakdistrict.nationaltrust.org.uk/wetton-mill-tea-room

Wetton Mill Tea-Room is situated in the Manifold Valley, alongside the popular Manifold cycle track and close to the Manifold River. It is the perfect place to while away a few hours enjoying a pot of tea and some homemade cake whilst the children have a paddle and an ice cream on those hot summer afternoons. A selection of freshly made sandwiches and homemade cakes using local suppliers where possible is always available as well as hot pies, tea, coffee, cold drinks and ice cream.

05 THE MANIFOLD TEA ROOM

Ilam Park Ilam, Nr Ashbourne, Derbyshire DE6 2AZ
 T: 01335 350245
 W: www.nationaltrust.org.uk/white-peak/facilities-and-access

The Manifold Tea Room is located in the Ilam Hall stableyard, within the grounds of Ilam park, approximately 4 miles north of Ashbourne. We serve delicious cakes, hot and cold drinks, sandwiches, hot meals, toasted sandwiches and tea cakes and pride ourselves on providing a friendly and welcoming place to eat, drink and relax. We have outdoor seating on the lawn, from which you can enjoy magnificent views of Dovedale, Ilam Park and Thorpe Cloud. The tea room is open 7 days a week April to September, Thursday to Sunday in March and October, Saturdays and Sundays November to February.

06 BERESFORD TEA ROOMS

Market Place, Hartington, Buxton, Derbyshire SK17 0AL
 T: 01298 84418

Open 9am - 4.00pm every day except Christmas Eve, Christmas Day, Boxing Day and New Year's Day. We serve homemade hotpot, cakes, scones, and sweets. Visit us and enjoy a warm welcome from Sue and her girls.



07 THE OLD CHEESE SHOP

Market Place, Hartington, Derbyshire SK17 0AL
 T: 01298 84935
 W: www.hartingtoncheeseshop.co.uk for further information.

If you are out and about near Hartington this is one place you will not want to pass without calling in. Open for nearly 30 years, Hartington Cheese Shop has established a well-deserved reputation for selling quality local and national cheeses. Currently approximately 80 English cheeses are stocked, around 20 of which are sourced from within a 20-mile radius. With specialist goat, ewe and unpasteurised cheeses on sale, you are sure to find something for everyone's taste. We also specialise in wedding and celebration cheesecakes and have a good selection of locally produced beers and English wines in stock to compliment the cheeses.



08 RIVENDALE

Buxton Road, Alsop-en-le-Dale, Ashbourne, Derbyshire DE6 1QU
 T: 01335 310441/310311 W: www.rivendalecaravanpark.co.uk

Licensed café offering espresso coffee, tea, cakes, pastries, cooked breakfasts, savoury snacks and meals made from delicious locally sourced produce. Disabled toilets, CCTV monitored car park, WiFi access (at extra cost), children's play area on site. About 100 metres from the Tissington Trail and access to cycle routes 8 and 9 Pedal the Peak District. Lovely circular walks direct from site into Eaton and Alsop Dale, Mill Dale, Biggin & Dove Dale. Pub open evenings (weekends only outside school holidays) offering delicious evening meals and real ales. 4* B & B rooms, Camping Pods, Pine Lodges for hire.



09 HOE GRANGE HOLIDAYS

Hoe Grange, Brassington, DE4 4HP
 T: 01629 540262 W: www.hoegrangeholidays.co.uk

Four superbly equipped cosy log cabins, with award winning disabled facilities and excellent access for all: a real home-from-home with open-plan living, dining and kitchen areas, spacious bedrooms and luxurious whirlpool baths. on a working farm on the edge of the Peak District, with direct access to the High Peak Trail and fabulous footpaths from the door. Relax in the Swedish log-fired hot tub, or even bring your own horse on holiday. Families and larger groups welcome. Take a break from the kitchen with take away farmhouse breakfasts, delicious ready meals and puddings, all delivered direct to your door.



10 SPICE

10 Friar Gate, Derby DE1 1BU
 T: 01332 346145 W: www.spiceeastmids.com

Spice, or Special Program of Initiative, Challenge and Excitement, has been the UK's No. 1 adventure, leisure, holiday and friendship group for more than 30 years with over 10,000 current UK members of all ages and stages, singles and couples, all are welcome. Spice East Midlands offers more than a hundred events every month for our lively membership groups in Bedfordshire, Cambridgeshire, Derbyshire, Leicestershire, Milton Keynes, Northants, Nottinghamshire, Rutland, Staffordshire and Warwickshire. Many weekends away and overseas holidays as well as local meals, social events, sports, country walks, adventures, workshops etc. Join us!



11 THE MAINSAIL RESTAURANT

Carsington Water, Ashbourne, Derbyshire DE6 1ST
 T: 01629 540363
 W: www.newleafcatering.co.uk/mainsail-restaurant-c6.html

The Mainsail Restaurant serves breakfasts from 10.30am making a great start to your day. Lunch is served from 11.30am to 2.30pm with a wide selection of specials, sandwiches, light bites, cakes and desserts. In the Galley Café choose from a range of hot / cold food, confectionary, ice creams and drinks to take away or enjoy overlooking the water. Gifts are on sale too. The Visitor Centre is open daily except Christmas Day, 1st April to 30th September 10.00am to 6.00pm 1st October to 31st March 10.00am to 5.00pm



12 CARSINGTON SPORTS & LEISURE

Carsington Water, Ashbourne, Derbyshire DE6 1ST
 T: 01629 540478 W: www.carsingtonwater.com

We offer a variety of water sports activities as well as cycle hire, fly fishing and climbing and tuition in sailing, windsurfing, kayaking and power boating. Hire of rowing boats and sit-on tops is available for those wanting to experience the water in our sheltered bay area. Cycle hire is available all year round and our extensive hire fleet includes mountain bikes, electric bikes, child seats, tow buggies and tag-a-longs for children. Fly fishing on the 740 acre water is available from boats only between March and November.

